

# Portobello Massage Newsletter

August 2011

Hello there!

Welcome to the August edition of the Portobello Massage Newsletter! I'm just back from holiday so hence a rather late, somewhat shorter newsletter this time. I hope you've been able to find some time to yourself to enjoy a bit of summer.

## Reviews

'Your healing hands make such a difference to my achy lower back.'

'I'm so relieved you're back - my neck needs you.'

Please remember that [gift vouchers](#) are always a popular gift.

## Positive thoughts

While we were away some pretty awful things happened in the world. I know terrible things happen all the time but for me somehow they are amplified when I'm away. I saw this quote today and it struck me that this was a good way to respond to these events.

'Every man must decide whether he will walk in the light of creative altruism or the darkness of destructive selfishness.' - Martin Luther King Jr.

## The groan-worthy jokes - thanks Stewart!

What do you get when you cross a door-to-door evangelist and an atheist?

Somebody who knocks on your door for no apparent reason.

## Date for your diary

The Big Beach Busk is back for 2011 for another day of Busking and street performance on Portobello Prom. Come down from noon armed with your musical instruments and everything you'd need for a fun day on the prom. Everyone's welcome and anyone can busk. Get involved by posting on Facebook and inviting your favourite bands, musicians and street performers. It's a great opportunity to raise some money or try out some new songs. Hope to see you all down on the prom on the 27th of August for the 2nd Edinburgh Big Beach Busk.

Please remember to [pass this newsletter](#) on to someone you know who might appreciate it. Maybe together we can help someone smile! Please note that past newsletters are now posted on the website under Contact.

If you're on Facebook check out our page for little tidbits between newsletters - just look up Portobello Massage from your home page (or click [here](#)) and click 'Like' to have more regular updates.

I hope you've enjoyed this newsletter and I look forward to seeing you very soon for a massage.

Enjoy!

*Ann Milović*

[www.portobellomassage.com](http://www.portobellomassage.com)

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