

Portobello Massage Newsletter

December 2011

Dear lovely Clients,

Welcome to the December edition of the Portobello Massage Newsletter. As some of you will know, our beautiful dog, Georgie, passed away. She was 15½ years old (pretty good for a stray mutt) and was becoming increasingly ill. None of us, including the vet, knew just how ill she was until a few days before her passing - she never grumbled or complained, just stoically carried on. We miss her more than we can say. I know many of you were very fond of her and she was fond of many of you (even when she barked at the buzzer). On her behalf, thank you for all the kind words and warm smiles. ♥

On a slightly surreal note, the massage room now has a new occupant - a skeleton. After an extensive naming contest, I'm pleased to tell you that his name is Basil Rathbone. Do come and meet this rather dapper chap.

Reviews

'My arm feels normal' (after several years of not feeling normal).

'Thanks Ann, your emails are always a tiny slice of thoughtful relaxing.'

'I'm really feeling the benefit of having regular massages. I don't get sore anymore and feel that I cope better between appointments.'

'This morning I thought, Yeah! It's massage day!'

Please remember that [gift vouchers](#) are always a popular gift, especially with Christmas coming up.

Positive thoughts

'Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.' - Desmond Tutu

A searcher came to the monastery to stay for several weeks, hoping for insight and understanding. Before his departure he met with the abbot.

'Why has my stay here yielded no fruit?', asked the visitor.

'Could it be because you lacked the courage to shake the tree?', asked the abbot benignly.

'The moment one definitely commits oneself, then providence moves too. All sorts of things occur to help one that would otherwise never have occurred. A whole stream of events issues from the decision raising in one's favour all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way. Whatever you can do or dream you can begin it. Boldness has genius, power and magic in it.' - Goethe

The groan worthy joke

'It is even harder for the average ape to believe he has descended from man.' -H.L. Mencken

Please remember to [pass this newsletter on](#) to someone you know who might appreciate it. Maybe together we can help someone smile! Please note that past newsletters are now posted on the website under Contact.

I hope you've enjoyed this newsletter and I look forward to seeing you very soon for a massage.

Enjoy!

Ann Milović

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