

Portobello Massage Newsletter

February 2016

Dear lovely Clients,

Hello and welcome to the **February** edition of the Portobello Massage Newsletter.

Welcome to LGBT History Month! I was pleased to see the rainbow flag flying over Scottish Government buildings today to mark the start of the month. I hope they stay up throughout the month - they're so cheery.

I noticed that it wasn't dark at 5pm today - a distinct improvement over last month. As I write this Storm Henry is battering us with high winds and it feels like February. It also feels like a fresh start. The first of any month can be a fresh start. Any day can be a fresh start if we set our intentions. I was feeling poorly for much of January so I'm grateful for a fresh start to get back to my priorities now that I'm feeling fighting fit. I hope you're feeling bright and energised.

Positive Thoughts

All of this month's thoughts come from the LGBTI community

"I am as gay as a daffodil, my dear!" – Freddie Mercury

"I suppose it all began when I came out of the womb. I looked back up at my mother and thought to myself, 'That's the last time I'm going up one of those.'" – Stephen Fry

"My lesbianism is an act of Christian charity. All those women out there praying for a man, and I'm giving them my share." – Rita Mae Brown

"If a bullet should enter my brain, let that bullet destroy every closet door." – Harvey Milk

"It is better to be hated for what one is than to be loved for what one isn't." – André Gide

And a positive thought from who knows where;
"Love has no limits; only people do". – Unknown

The groan worthy jokes...

Life is short. Smile while you still have teeth.

I like to use multi-syllabic words so that I can sound photosynthesis.

Q: What happens when a frog's car breaks down?

A: It gets toad away.

A teacher asked her students to use the word "beans" in a sentence. "My father grows beans," said one girl. "My mother cooks beans," said a boy. A third student spoke up, "We are all human beans."

In a Catholic school cafeteria, a nun places a note in front of a pile of apples, "Only take one. God is watching." Further down the line is a pile of cookies. A little boy makes his own note, "Take all you want. God is watching the apples."

A recent worldwide survey showed that out of 2,146,703,436 people, 94% were too lazy to actually read that number.

Q: Can a kangaroo jump higher than the Empire State Building?

A: Of course. The Empire State Building can't jump.

Please **pass this newsletter** on to someone you think may enjoy it. Maybe together we can help someone smile!

I hope you've enjoyed this newsletter and I look forward to seeing you very soon for a massage.

Warm wishes,

Annie Milović

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