

Portobello Massage Newsletter

July 2015

Dear lovely Clients

Hello and welcome to the **July 2015** edition of the Portobello Massage Newsletter!

Happy Canada Day! The 1st of July marks the anniversary of the proclamation of the British North America Act 1867 which 'created' Canada as a political state. Of course, many nations of people lived in the area now known as Canada for 10,000 years before a bunch of MPs and Lords in London decided it should have a name, but that's another story.

Here we are, half way through the year. I have lots planned for the rest of the year and I hope you do, too. However, I always like to take Canada Day as a time to reflect. And have fireworks.

Positive thoughts

I was talking to a friend the other day and a quote from Archbishop Desmond Tutu came up. I think he's a Dude and the world will be a lesser place when he passes. For this newsletter, all the quotes are from the Archbishop.

"We are each made for goodness, love and compassion. Our lives are transformed as much as the world is when we live with these truths."

"Your ordinary acts of love and hope point to the extraordinary promise that every human life is of inestimable value."

"If you are neutral in situations of injustice, you have chosen the side of the oppressor. If an elephant has its foot on the tail of a mouse and you say that you are neutral, the mouse will not appreciate your neutrality."

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."

"God is not upset that Gandhi was not a Christian, because God is not a Christian! All of God's children and their different faiths help us to realise the immensity of God."

"We may be surprised at the people we find in heaven. God has a soft spot for sinners. His standards are quite low."

The groan worthy jokes...

A bloke was sat reading the paper and he came across an advert from a man selling a talking dog. He thought, 'Why would anyone want to sell a talking dog?' and decided he would go to see.

He arrived at the address and asked the fellow who answered the door if this was where the talking dog lived. The fellow said, 'Well, he's in the front room. You can ask him yourself.'

So the bloke asks the dog, 'What have you been up to lately?' The dog replied, 'I swam the English Channel and raised £70,000 for charity; since then I've been working on perfecting the Led Zeppelin guitar solos. It's not as hard as it seems, mostly adapting a pentatonic scale with an overdoes of the blues.'

The bloke goes back to the fellow who opened the door and said, 'I still don't understand why you want to sell your talking dog.' The fellow replied, 'I can take the talking. It's the lies I can't stand.'

Please remember to **pass this newsletter on** to someone you know who might appreciate it. Maybe together we can help someone smile! Please note that past newsletters are now posted on the website under [Contact](#). Please remember that **gift vouchers** are always a popular gift.

Also, if you like this newsletter and would like a bit more of wacky Portobello Massage humour, click 'like' on the Portobello Massage Facebook page, available [here](#).

I hope you've enjoyed this newsletter and I look forward to seeing you very soon for a massage.

Enjoy!

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