

Portobello Massage Newsletter

June 2014

Dear lovely Clients

Hello and welcome to the June edition of the Portobello Massage Newsletter!

You may have noticed that this newsletter came to you from a different source. For reasons unknown to me, my ann@portobellomassage.com email address does not seem to be working. If you've tried it, you've probably received a message saying the email was not delivered. Until I can get it sorted, please use this address - annie.milovic@gmail.com - or just text me. I hope this hasn't caused anyone any inconvenience. Technology - great when it works.

Positive thoughts

In memory of the late, great Maya Angelou, this month's positive thoughts all come from her. I was lucky enough to see her once and she was phenomenal.

- We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty.
- You may not control all the events that happen to you, but you can decide not to be reduced by them.
- My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style.
- Courage is the most important of all the virtues because without courage, you can't practice any other virtue consistently.
- Nothing will work unless you do.
- It's one of the greatest gifts you can give yourself, to forgive. Forgive everybody.
- I've learned that you can tell a lot about a person by the way (s)he handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights.

The groan worthy jokes...

Q. What do you feed an invisible cat?
A. Evaporated milk.

Two antennas met on a roof, fell in love and got married. The ceremony wasn't much, but the reception was excellent.

An agnostic, dyslexic, insomniac stays up all night wondering if there's a dog.

Please remember to [pass this newsletter on](#) to someone you know who might appreciate it. Maybe together we can help someone smile! Please note that past newsletters are now posted on the website under [Contact](#). Please remember that [gift vouchers](#) are always a popular gift.

Also, if you like this newsletter and would like a bit more of wacky Portobello Massage humour, click 'like' on the Portobello Massage Facebook page, available [here](#).

I hope you've enjoyed this newsletter and I look forward to seeing you very soon for a massage.

Enjoy!

Ann Milović

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