

Portobello Massage Newsletter

March 2015

Dear lovely Clients

Hello and welcome to the **March 2015** edition of the Portobello Massage Newsletter! How has the year been treating you so far?

Spring is nearly here. I've seen snowdrops and crocuses and they make my heart sing. I can imagine leaves beginning to bud shortly. This time of year can be about renewal, starting afresh, setting our intentions toward growth.

For those of you who don't know yet, I'll be away for most of April. I am going to Japan for just over three weeks and I can't wait. I went to Tokyo nearly twenty years ago on business and I've been meaning to go back ever since. The last time I was there I turned 28 and this time I'll be turning 48. I'm keen to see how much or how little I've changed in the intervening period. I'm also doing this trip alone, but I know I will meet fascinating people along the way.

Most of my regular clients know about this trip and have booked appointments accordingly. If you think you'll be wanting a massage in the next few weeks, may I please encourage you to book sooner rather than later. I'm looking forward to seeing you when I get back!

Positive thoughts

"Perhaps travel cannot prevent bigotry, but by demonstrating that all peoples cry, laugh, eat, worry and die, it can introduce the idea that if we try and understand each other, we may even become friends." - Maya Angelou

"One's destination is never a place but a new way of seeing things." - Henry Miller

"Not until we are lost do we begin to understand ourselves." - Henry David Thoreau

"Don't tell me how educated you are, tell me how much you are travelled." - Mohamed

"The journey not the arrival matters." - T.S. Eliot

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines, sail away from the safe harbour. Catch the trade winds in your sails. Explore. Dream. Discover." - Mark Twain

The groan worthy jokes...

Two antennas met on a roof, fell in love and got married. The ceremony wasn't much, but the reception was excellent.

A man walks into a bar with a slab of asphalt under his arm, and says: "A beer please, and one for the road."

Two hydrogen atoms walk into a bar. One says, "I think I've lost an electron."
The other says, "Are you sure?"
The first replies, "'Yes, I'm positive..."

A woman is sitting at a bar enjoying a drink with her girlfriends when an exceptionally tall, handsome man enters. He is so striking that the woman can not take her eyes off him. The man notices her overly attentive stares and walks directly toward her.

Before she can offer her apologies for rudely staring he leans over and whispers, "I'll do anything, absolutely anything that you want me to do for \$20. But only on one condition."

Flabbergasted, the woman asks what the condition is.

"You have to tell me what you want me to do in just three words."

The woman considers his proposition for a moment and then removes a \$20 bill from her purse, which she presses into the man's hand along with her address.

She then looks deeply into his eyes, and slowly, and meaningfully says, "Clean my house!"

Please remember to **pass this newsletter on** to someone you know who might appreciate it. Maybe together we can help someone smile! Please note that past newsletters are now posted on the website under [Contact](#). Please remember that **gift vouchers** are always a popular gift.

Also, if you like this newsletter and would like a bit more of wacky Portobello Massage humour, click 'like' on the Portobello Massage Facebook page, available [here](#).

I hope you've enjoyed this newsletter and I look forward to seeing you very soon for a massage.

Enjoy!

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