

Portobello Massage Newsletter

May 2016

Dear lovely Clients,

Hello and welcome to the **May** edition of the Portobello Massage Newsletter.

Happy May Day! Happy Beltane!

There are certainly signs of Spring outside my window but as I write this the weather is rather chilly and I'm grateful to be wrapped up toasty warm. Mother Nature will not be rushed and I'm hoping this late-ish start bodes well for the months to come.

There has been a lot of talk lately about how the Danes are the happiest people on the planet, due partly to their idea of hygge, which has been translated by my Danish friends as cozy. They don't start the New Year with resolutions but as a time to be inside, away from the cold and the dark and with friends and family instead. They see Spring as the more natural time to get out more as the days brighten and lengthen. What might you do now that Spring is (nearly) here?

Positive Quotes

"If we had no winter the spring would not be so pleasant." - Anne Bradstreet

"And Spring arose on the garden fair,
Like the Spirit of Love felt everywhere;
And each flower and herb on Earth's dark breast
rose from the dreams of its wintry nest."
- Percy Bysshe Shelley

"Spring is a time to find out where you are, who you are, and where you are going to." - Penelope Trunk

"An optimist is the human personification of Spring." - Susan J. Bissonette

"A kind word is like a Spring day." - Russian proverb

Bad Jokes

Q: What season is it when you are on a trampoline?

A: Spring time!

A Welsh politician asked the UK Government for information about UFO sightings and if it might fund UFO research. Officials wrote back "jang vIDa je due luq...ach ghotvam'e' QI'yaH devolve qaS." Which means, "The Minister will reply in due course. However, this is a non-devolved matter," in Klingon.

If I were two-faced, would I be wearing this one? - Abraham Lincoln

Don't knock the weather. If it didn't change once in a while, nine tenths of people couldn't start a conversation. - Kin Hubbard

Electricity is really just organised lightning. - George Carlin

I look forward to seeing you soon!

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