

Portobello Massage Newsletter

May 2017

Hello lovely clients!

May! Crikey, this year is scooting past quickly. Before you know it, Canada Day will be here and I know you'll all be celebrating Canada's 150th birthday this year. :)

Positive Thoughts

I thought the positive thoughts for the May newsletter should all come from the incredible **Maya Angelou**.

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."

"When someone shows you who they are, believe them the first time."

"A wise woman wishes to be no one's enemy; a wise woman refuses to be anyone's victim."

"Have enough courage to trust love one more time and always one more time."

"Let nothing dim the light that shines from within."

Groan-worthy Jokes

This month's groan-worthies are courtesy of Stewart Weaver. Thanks Stewart!

How do you entice a bear out of a cave? -Camembert!

What do you say when you look in the mirror? - Haloumi!

How did the painter put a shine on his tired, long suffering wife? - Double Gloucester!

A man walks into a bakery in the old town of a medieval city and is overwhelmed by the wonderful array of pastries and tarts and cakes and sweeties. He's convinced that the baker will hear his stomach rumbling with anticipation!

He asks the baker how much these tasty treats cost.

The baker responds enthusiastically, 'Because I want people to enjoy my cakes, tarts and treats, I try not to make them too dear. They are all a pound.'

The man can't believe his good luck and scans the trays for something that will be just right.

He finally decides on a cake and points it out to the baker. The baker takes it off the tray and wraps it up expertly and sets it on the counter.

'That will be £2,' says the baker.

'But you said everything costs £1!' exclaims the man.

'Ah', responds the baker, 'but this is Madeira cake'.

I hope to see you soon!

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