

# Portobello Massage Newsletter

November 2017

Hello dear lovely Clients!

Welcome to November! The nights have drawn in, the leaves are nearly all fallen and the season has well and truly changed. I was musing on the way home that the clocks changing on the weekend make such a dramatic change - it takes a little getting used to. Some may react by wanting to hibernate, hunker down and get out the box sets. Others will find ways of finding the light in these darker days. Certainly as a photographer, I've noticed my style changing.

So what are you going to do with this new month, this new start? There's a full moon in a few days, an example of the light that can be found if we simply look for it.

## Positive Thoughts

"Without leaps of imagination, or dreaming, we lose the excitement of possibilities. Dreaming, after all, is a form of planning." - Gloria Steinem

"Every delay, postponement, or redirect, only means that the Universe had an even better idea."

"Whatever you can do or dream you can, begin it. Boldness has genius, power, and magic in it." - Goethe

## Groan-worthy jokes - thanks Stewart!

No one seems to know what 'je ne sais quoi' means.

What was the name of Shakespeare's dog? Damned Spot.

What is it called when a cat meows for food but its bowl is half full? Fake mews.

A policeman pulls a car over. "Your tail light is broken, your tyres are worn down and your bumper is half way off. That will be £300."

"That's fine. They want twice as much at the garage."

I went to my doctor and said, "Doctor, I think there is something wrong with the pills you gave me."

She said, "Why do you say that, Mr. Hatter?"

"I keep veering to the left, then veering to the right."

"I wouldn't worry about that. Those are just side effects."

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